

Next LLI Forum

Tuesday, February 2, 2010, at 10 a.m.
(Social Time at 9:30 a.m.)

Is traffic congestion causing you headaches? Are you confused and upset about area plans for roads, trains, and buses? Then you need to hear and speak with Dr. Gridlock of the Washington Post.

Robert Thomson is The Washington Post's "Dr. Gridlock." He answers travelers' questions, listens to their complaints, and shares their pain on transportation issues throughout the Washington region. In addition to his twice-weekly newspaper column, Mr. Thomson writes a daily blog on The Post's Web site and engages readers in online chats and also presents features on The Post's Sunday commuter page. Dr. Gridlock will diagnose traffic and transit problems especially in Northern Virginia and he will spend some time talking about how we can stay mobile as we get older. Of all the many programming suggestions offered by LLI members, Dr. Gridlock has been the number one request. With more than 30 years of experience as a reporter and editor in New York and Washington, Robert Thomson encourages you to bring your questions and complaints as Dr. Gridlock makes a Forum house call.

Please Note: *Parking is in the pay parking garage (\$1/hour). Parking in the B and C lots is by permit only.*

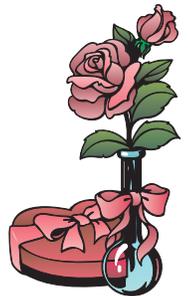
**Deadline for
the March
newsletter is
February 12, 2010.**

Celebrate Valentine's Day at the 5th Annual Valentine's Open House

*Sponsored by the LLI Poetry Group
Led by Richard Risk*

**Friday, February 12
1:00 to 3:00 p.m.
Little River United
Church of Christ Choir Room**

**Celebrate Valentine's Day early.
Join members of the Poetry Group
as we enjoy music, poetry, and
light refreshments.**



LLI's Dedicated Poetry Group

Calendar of Events



February 2010

- 2 Forum (Tues.)
- 12 Board Meeting
- 12 March Newsletter deadline
- 22 Newsletter Mailing

March 2010

- 2 Forum (Tues.)
- 12 Board Meeting
- 12 April Newsletter deadline
- 22 Newsletter Mailing

April 2010

- 6 Forum (Tues.)
- 9 Board Meeting
- 12 May Newsletter deadline
- 20 Trip: Historic Virginia Gardens tour, Fredricksburg, VA
- 22 Newsletter Mailing

May 2010

- 4 Forum (Tues.)
- 13 Trip: Historic Sites of Ellicott City, MD, and High Tea at "Tea on the Tiber"
- 14 Board Meeting
- 14 June Newsletter deadline
- 24 Newsletter Mailing

June 2010

- 2 Forum (Wed.)
- 11 Board Meeting



Lunch Bunch

John Bogart bogartje@cox.net

Following the Forum, join the Lunch Bunch at the **Silverado Restaurant**, 7052 Columbia Pike, Annandale, VA, Ph. 703-354-4560. The restaurant serves a variety of American foods.

Directions: From NOVA turn right on Rt. 236 to Annandale; turn left onto John Marr Drive (see K-Mart), at the light, turn right onto Columbia Pike. The restaurant is in the shopping center on the immediate left. We will meet in the room on the left near the entrance.

LLI Board of Directors

President: Paul Hopler	Members: Terry Brittain 11*,
Vice President: Bob Huley	George Chalou 12, Dick DiBuono 10,
Secretary: Karren Scott	Paul Hopler 11, Norma Hughes 12,
Treasurer: Phil Runge	Bob Huley 10, Charles Hulick 10,
Assistant Treasurer: Warren Hynes	Ed McKnight 12, Liddell McLeod 10,
Past President: Dick DiBuono	Marianne Moerman 10, Moe Moser 11,
	Barry Newman 10, Phil Runge 11,
	Karren Scott 12, Mary Underwood 11

* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Co-Editors: Norma Hughes 703-960-6279 nah.home@verizon.net and Lynda Brittain 703-425-8240 brittains@cox.net

Graphic Design/Desktop Publisher: Alfred Brothers

Mailing Coordinator: Bo Kelley

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Members

Louise Blakely 703-451-2084
blakelylk@yahoo.com

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

Brent Beeson, 5345 Aylor Rd., Fairfax, VA 22032, (703) 425-8560

Henry M. and Joan H. Botuck, 7870 Rolling Woods Ct., #401, Springfield, VA 22152, (703) 912-4775, henjobo@hotmail.com

Barry and Philippa Centini, 6724 Fern Ln., Annandale, VA 22003, (703) 658-1545, cell (703) 472-5269, barry.centini@verizon.net

Maria Filleaux, 7077 Leewood Forest Dr., Springfield, VA 22151, (703) 945-8680

Gay Friedmann, 3257 Valley Ln., Falls Church VA 22044, (703) 532-2038, gayfriedmann@cox.net

Mary I. Jablonski, 132 Kingsley Rd. SW, Vienna, VA 22180, (703) 281-9730, mjablonski1@verizon.net

Donald Kissinger, 8523 Oak Chase Circle, Fairfax Station VA 22039, (703) 690-0119, donkissinger@cox.net

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Judith A. Nitsche, 4305 Willow Woods Dr., Annandale, VA 22003-3841, (703) 978-3384, janitsche@verizon.net

Susan Olesch, 4314 Ann Fitz Hugh Dr., Annandale VA 22003, (703) 425-9617

Pamela P. Orton, 2525 10th St. N., #905, Arlington, VA 22201-1967, (703) 351-9616, oprimrose@aol.com

Richard A. and Marie R. Schacher, 6107 Sherborn Ln., Springfield, VA 22152, (703) 569-1036, schacherpatent@aol.com

Janice K. Smith, 8948 Cokesbury Pl., Fairfax, VA 22031-3206, (703) 280-2013, janicesmith @cox.net

Karen Solari, 4407 Rockcrest Dr., Fairfax, VA 22032-1821, (703) 764-9413, kmsolari@aol.com

Penelope Timbers, 667 Barrett Rd., Falls Church VA 22042, (703) 531-1458

Update

Ann R. Pyle, arpyle @cox.net

Marjorie Singleton, 621 Old Dominion Dr., #262, McLean VA 22101-4807, (703) 970-3831

Anne K. Solomon, taffy33@yahoo.com

Alina Otal, aotal@verizon.net



President's Message

LLI would not usually be considered a high-technology organization. However, we should use and learn about technology as appropriate. We have been making an effort to use skills that will allow us to perform more efficiently. We are concerned with education, so from time to time we have courses that teach computer-specific programs and features, and address specific devices such as cell phones and digital cameras.

Although we have the ability to display the old style vellum sheets on an overhead projector, we have obtained the hardware to aid in making more effective presentations. These include computers and projection equipment that allow us to project on the screen any presentation program such as PowerPoint, Adobe Acrobat or photo slide-show programs. Also, the speaker is able to use remote devices to operate the computer. It only requires the speaker to bring a tiny thumb drive or disk to the class. We have equipment to play and display DVDs on the screen for all to see. Ben Jacinto and some of the class coordinators have been helping set up and operate this equipment.

We have made significant gains in our communication process. Most of our members now have e-mail, and our administrator, Laura Charron, can quickly generate a document that contains all the available e-mail addresses of the participants of a particular activity, such as a specific class, trip, or event. This information document can be e-mailed to the appropriate coordinator who can then quickly enter the addresses into an e-mail for distribution to that group with any applicable information. We have the capability of e-mailing the newsletter and program catalogue to interested parties and will institute this in the future. Since some of you do not have e-mail or check it infrequently or just like to hold a printed copy in your hand, we will continue to mail the hard copies.

The process of completing the newsletter and catalogue have been improved and speeded up. Not too long ago we would print out a copy and put it in the proper format with the appropriate blank pages and physically carry it to the printer for processing. Now Mary Underwood, Gina Trapp, and Norma Hughes compile it into a file that is e-mailed to the printer, who sends it directly to the printing press for a superior product.

Our improved Web site is a wonder to behold. It is located at lli.nova.org (Note that there is no *www.*) The information is divided into five groupings

Community Outreach

Betty Lee Thatcher 703-354-8154
Carol Weber, caroljeanweber@hotmail.com

Your food donations in February will go to the Arlington Food Assistance Center (AFAC), a food pantry serving the ever growing numbers of hungry and needy people in Arlington County. In these hard times, their needs keep growing. In 2009, AFAC often served more than 1,200 families each week!!! Volunteers gave over 24,000 hours of help to AFAC — that's the equivalent of nearly 12 full time employees. Over 4,000 food donations came from families, businesses, churches, and other organizations such as ours. Please give generously. **AFAC especially needs boxes of cereal, cereal bars, and all kinds of canned items, particularly tuna fish, soups, canned fruits and vegetables, and peanut butter.**



Marianne Moerman will deliver this month LLI food donations.

IMPORTANT: Report Address Changes

Laura Charron, Administrator

By now you have noticed that we are relying more on e-mail to communicate certain information to our members, a fact addressed by our President, Paul Hopley in this month's President's Message. **Please, remember** to notify the LLI office as soon as possible of a new e-mail address as well as a change in mailing address and/or telephone number. Notify the office by phone at 703-503-0600, or e-mail at llinova@juno.com.

across the top with drop down menus so you can quickly and conveniently find the information you seek. From this you can download the course catalogue or newsletter and keep up with other things of interest. Check this out, bookmark it, and refer to it regularly. Sidney Sachs is the magician who puts it together and works out the format. Our new secretary, Karren Scott, is responsible for the content so if you have new information or changes you would like, please contact her (karren.scott@verizon.net).

Paul Hopley

Special Interest Groups



Arts & Smarts

Donna Trogler, 703 751-8932 or
DTrogler@aol.com

We are not scheduling a museum or gallery for February, 2010 because of the weather factor. See you in March!



LLI Bridge Group

Bob or Merry Huley 703-534-4819 or
703-489-9045 (roberthuley@cox.net)

January, February and March Play Dates In January, we will play on

Wednesday, January 27. In February, we will play on **Wednesday, February 10,** and **Thursday, February 25.** In March, we will play on **Wednesday, March 10,** and **Thursday, March 25.** **Location:** Mason District Government Center. **Time:** 10 a.m. to 2 p.m. Bring a bag lunch.

You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call (703-534-4819), or email me (roberthuley@cox.net), if you would like to attend (or for more information) so that we can provide sufficient card tables.

Recent Results and Semi-annual Top Players —

Catching up on results, on November 18, the top three were Bob Huley, Mary Underwood, and Nate Rosenbaum. On December 3, the top three were the Janet Goodrich, Nate Rosenbaum, and Lynda Brittain. On December 16, the top three were Sandy Haberlin, June Chalou, and Mary Underwood. Finally, on January 6, the top four were Nelva Berend, Nancy Sherman, Betty Yearly, and Nat Rosenbaum.

For the six-month period, July-December 2009, the top four players were: **Nate Rosenbaum, Mindy Rojahn, tied for third Mary Underwood and Bob Huley, and tied for fourth Sandy Haberlin and Merry Huley.** Congratulations to all.



LLI Community Theater

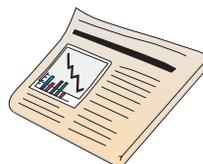
Norma Hughes 703-960-6279,
nah.home@verizon.net

Contact Norma if you wish to be included in the list of members

interested in this Special Interest Group. Members may volunteer to “host” an event in February or March from the list of upcoming productions that is periodically emailed to those on the list.

An e-mail was sent earlier announcing January’s theatre event, hosted by Pat Harrison and Sheri Masek, will be to the Dominion Stage to see **“Reefer Madness”** on Sunday, January 24 at 2:00 p.m. at the Gunston Arts Center located at 2700 South Lang Street, Arlington, Va. All tickets are \$15.00 and can be purchased (\$1.50

service fee for credit cards) on line or at the door prior to the performance. Those interested may gather for after theatre refreshments (from the menu) and socializing at the Bistro-Bistro restaurant in Shirlington. Contact Pat at 703-550-7530; pjharris80@msn.com or Sheri at 703-971-2107; afsheri@msn.com for more information.



LLI Current Events Group

The Current Events Group will continue to meet monthly for continued interesting and educational discussions. Topics reflect the current social, political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or to learn more about current events — whatever is your pleasure.

Date/Time: Friday, February 5, 10:00 — 11:30 a.m.

Place: Mason District Gov’t. Center, Small Conference Room, 6507 Columbia Pike, Annandale, VA 22003

For more information, e-mail Marion Jacknow at mjacknow@aol.com or call Marion at (703) 698-8702.



Favorite Books Club

Arlene Gribben 703-569-0357,
arlenegribb@aol.com

Date: Thursday, February 18

Time: 11:30 a.m. – 1 p.m.

Place: Mason District Governmental Center, Small Conference Room

The book club members will come together in February to discuss “Out Stealing Horses” by Per Petterson. The fictional novel tells the story of a 67-year-old man from Norway who has an experience which takes him back through the turbulence, grief, and overwhelming beauty of his youth. The decades-deep story reflects some very basic human situations; e.g., searching and loss.

If you have thought about joining the book club, why not stop by, sit in on a discussion, and see if this group is something you would enjoy.



French Conversation Group

Don Reynolds, saldonreyn@aol.com

The next regular meeting of the French Conversation Group is scheduled for Tuesday, February 16, at 10 a.m. in the George Mason Library, Little River Turnpike, Annandale. Be sure to bring your copy of “Barron’s French at a Glance,” available at large book stores in the area. For questions or

more information, contact Don Reynolds.



LLI Gourmands

Bev Portman has planned the first Gourmand event in 2010. It will be a Brunch on Friday, January 29, at 11:00 a.m. at the Original Pancake

House, 370 West Broad Street, Falls Church. Please contact Bev at 703-560-6740 or firse@juno.com if you plan to attend. Eleanor Shubinski-Mosser has planned the February event. It will be at the Serbian Crown in Great Falls at noon on Friday, February 19. Please let Eleanor know by February 17 if you want to attend (703-280-2542 or emosser@cox.net).

LLI Bacchus Wine Tasting Group

Anne Austin, 703-569-5994, abbaustin@aol.com

This group meets quarterly. Future dates will be announced in the newsletter or a Forum. Contact Anne if you wish to be included on the mailing list.



Nimble Fingers

Bev Portman, 703-698-8366, firse@juno.com

The February Nimble Fingers meeting is scheduled for Friday, February 12,

1:00 – 2:30 p.m., in the small conference room of the Mason District Governmental Center. Participants should bring a small needlecraft project of any type to work on. New participants are always welcome. For further information or if you are new to the group, please contact Bev Portman.



Walkabouts

Merry Macke at 703-451-3248, cell phone: 1-978-505-9506. merry.macke@verizon.net

Our goal is to see how much of the Cross County Trail (CCT) we can cover. The walks will be easy, and people can go at their own pace. When the whistle sounds,

everyone turns around to go back to the beginning. We hope to have several paces going. Friends are welcome. The best medicine is to walk 1/2 hour a day; we will be ahead of the game. Walks in February are scheduled as follows:

February 12 — *Fairview Professional Park*. Take 495 to Rt. 50 going East, first exit. Stay to the right to enter Fairview Park. Take a left in front of the Marriot Hotel and park in the parking garage. Meet at entrance to the garage. Folks may want to eat lunch at the Marriot after the walk.

February 26 — *Occoquan Park*. Go South on 95 to Exit 160, north on 123. Pass Occoquan Park and take a right on Lorton Rd. then first right into Workhouse Arts Center. Park in the first parking area on the left. The Trail goes to Occoquan Park. For questions or more information, contact Merry Macke.



Cancellations Due to Inclement Weather

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather or other emergency, all LLI classes, Forums, and other activities, except trips, are canceled regardless of class location. LLI morning classes are canceled if the FCPS announces a two-hour delay in class openings, LLI afternoon classes are canceled if the FCPS announced early dismissal. Trips are canceled at the discretion of the trip leader.

Handymen and Tradesmen List

Anne Austin (ABBAustin@aol.com; 703-569-5994)

This list is available on LLI website at lli.nova.org. LLI members who would like to add their recommendations to this list may send the information (Name, Phone No., and Services Provided) to Anne Austin.

Special Class Offered by NVCC

Dr. Sue Thompson, Professor of Physical Education at Northern Virginia Community College, Annandale Campus, will offer to a limited number of LLI members a special program directed towards fall prevention and balancing for Seniors. *There is no charge for the course.* The classes will be held in the Dance Room of the Ernst Community Cultural Center starting March 17, 2010, and continue for eight consecutive Wednesdays, 10:30 to 11:30 a.m. All those interested should contact LLI member Trudy Hynes to register for this class: Phone 703-644-0672, e-mail tchynes@mac.com.

Student Scholarship Update

The process for alerting the student body to the 2010 LLI Scholarships is well underway. Posters have been prepared and will be posted all over the campus. In addition, faculty have been informed about the program, and announcements will be sent to student and faculty E-mail addresses. Also, the TV screen outside the office of Dr. Bruce Mann, the Dean of Liberal Arts, carries relevant information about the scholarships. The closing date is March 15, 2010, right after the Spring break, so that the students have plenty of time to prepare their applications. Thanks to your generosity, we have collected \$8,270. This, together with some money left over from last year, gives us the \$9,000 needed to award six scholarships, as in the past few years. But we will gladly accept further donations at this time, as you start the year by responding to requests for donations from all the charities you support. There are always additional worthy and needy students to whom even a small award means so much in terms of recognition of their success and help with purchasing textbooks.

Volunteer Opportunities

Liddell McLeod 703-698-8366, Liddell_mcl@cox.net

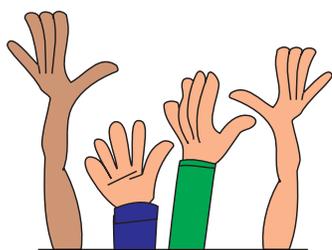
Forum Speakers Committee

Join other committee members in finding and scheduling interesting speakers for the nine Forums presented annually. To learn more contact Joseph Pincus, Chair.

Forum Refreshments Committee Co-Chairs

Solicit and organize refreshment contributions for the monthly Forums. To learn more speak with

Trudy Hynes or Sally Reynolds, the current co-chairs.



**VOLUNTEERS
NEEDED**

Study/Travel

A new leader is needed for the Study/Travel Group. The current leader, Doug Johnson, will be available to provide guidance to the new leader. If interested

in this activity, contact Doug.

Volunteers are required in every phase of LLI operations. Identify where your interest is highest and contact the chairs or any member of the committees listed in the organization chart distributed with the September Newsletter. Information is available from all Board members as well. Each monthly newsletter has a list of the Board members. Any or all of them will be delighted to offer an opportunity for you to contribute your skills and talents.

Remember that "Lifetime Learning" is not limited to the classroom lecture or travel tour. It includes learning from and about our fellow members by working together and enjoying their company.

LLI's Friendship Connection

Welcome, Pat Harrison, as the new Friendship Connection coordinator. Pat is replacing Arlene Gribben as the person who sends get well and sympathy cards to fellow members. So, if you would like a card sent to someone on behalf of the LLI membership, please contact Pat at 703-550-7530 or pjharris80@msn.com.

Thanks, Pat, for volunteering to pick up this program and show members that we care about them.

Trip Committee Report

For the 2010 trips already planned, the Trip Committee has announced that the May 13 trip to Ellicott City is full with a wait-list but that the April 20 Fredericksburg Historic Garden Week tour still has a few spaces left.

Possible future day trips include the National Institute of Health Genome Research Institute, Chestertown, MD, and a John Brown tour of Harpers Ferry in the fall. An overnight trip to Bucks County and Philadelphia is tentatively planned for the second week of October.

A Thank You Message

The following e-mail was received from Mary O'Day with the request that it be included in the newsletter:

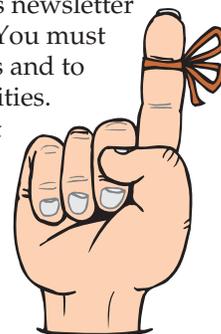
Left Minded People of the World Unite! Oh, wait, we already did that! Thanks to all of you who united for the very special celebration of LLI Members at The Virginian in November on Friday the Thirteenth! Good food, good company, good times! Jackie Kennedy and Mary O'Day want to thank all of you for your support, your good wishes and your friendship. The very generous (and much appreciated) gift card for Borders will be put to good use! Come and meet Pearl Buck next summer and you can check out the results of the gift card for yourselves! I sincerely appreciate each of you.

Thank you again, Mary

Membership Renewal Reminder

Please check the mailing label on this newsletter for your membership renewal date. You must renew in order to register for courses and to participate in LLI's many other activities.

Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI.



It is important to include the form with your check, as it is much easier to credit your membership renewal in our database.

From the LLI Scrapbook



A door prize give-away.



Holiday Luncheon 2009



Entertainment & Sing-Along.

Did You Know —

In this era of “green” and ways in which to conserve electricity, are you familiar with the term *Phantom Load*? According to the U.S. Department of Energy:

“Many appliances continue to draw a small amount of power when they are switched off. These “phantom” loads occur in most appliances that use electricity, such as VCRs, televisions, stereos, computers, and kitchen appliances. These phantom loads can be avoided by unplugging the appliance or using a power strip and using the switch on the power strip to cut all power to the appliance.” (Another way is to plug the appliance(s) into a socket that is controlled by a wall switch.)

If you haven’t already done so, check out the Department of Energy’s web site <http://www.energysavers.gov>. It is a valuable information resource for appliance rebates, tax credits & financing; advantages to turning off computers; and numerous other energy related tips.



Established 1996



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Website: <http://lli.nova.org>

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**Time Sensitive Material
Please Deliver by
January 25, 2010**

**Look at the date on this label.
Is it time to send your dues?**

