

February LLI Forum

Wednesday, February 6, 2013, at 10 a.m.
(Social Time at 9:30 a.m.)

An Inside Look into the Federal Communications Commission: The Challenges of Regulating the Air Waves and Reaching Underserved Communities



Roger L. Goldblatt

The Federal Communications Commission, an independent government agency overseen by Congress, regulates interstate and international communications by radio, television, wire, satellite and cable throughout the entire country and all U.S. territories. Through its policies and enforcement actions, the FCC has a huge impact on our economy, society, and basic freedoms by regulating broadcast

stations; striving to expand competition; innovating and investing all forms of communication; responding to a broad variety of consumer complaints; providing an essential role in emergency preparedness, including the regulation of amateur radio operators and 911 operations; and speaking out vigorously for the underprivileged who lack both coverage and services.

Our speaker, Roger L. Goldblatt, is Senior Advisor for Policy and Outreach of the FCC's Consumer & Governmental Affairs Bureau. His office focuses on how to better reach underserved segments of the population, such as children; rural residents; seniors; and non-English speaking, low-income, or disabled people.

Mr. Goldblatt will share insights and stories regarding his time as a leading official for the National Broadband Plan and as Director of Outreach during the switchover from analog to digital transmission. As a former Special Assistant to the White House Advisor on Consumer Affairs, he has lived through some major technology changes that raised difficult and controversial issues about the rules that should and should not govern communications channels.

LLI is pleased to welcome Mr. Goldblatt to our Forum for an informative discussion of issues that impact each of us.

Valentine's Day Celebration

Come one; come all to the LLI Valentine's Day Celebration. This has become an annual event hosted by the LLI Poetry Group for all LLI members and will be held on **Friday, February 8**, from 2 to 4 p.m., at the Little River United Church of Christ in Annandale (see Course Catalogue for directions).



Although Valentine's Day focuses mainly on romantic love (Remember the "I Love You" candies shared in elementary school with your "special" classmate?), there are so many other types of love that we also want to celebrate — love of family, friends, pets, nature, country, and on and on. So, bring a friend and join in on the festivities. There will be singing (accompanied by a wonderful pianist), finger foods, decorations, mingling, chit-chat and, of course, poetry readings. If you have a favorite theme poem, be sure to bring it

along and share it with the group.

Remember, **LOVE makes the world go round**, so let's do our part to keep our world turning. There is no need to sign up — just show up.



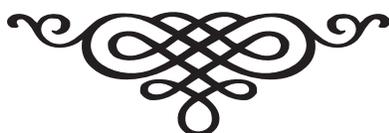
Please Note: Parking is in parking garage (\$2/hour). Parking in B and C lots is by permit only. If no garage parking slots are available, a \$12 daily permit for the B lot is available at the office to the right just inside the entry gate.

Special Note: If you have any LLI classes on the NOVA campus in January, please be aware that parking enforcement does not take effect until February 2. Parking is free in both the multi-story pay lot and the student B lots; so until then, many students choose to park in the multi-story pay lot. If getting a close-in space is important to you, please plan to arrive extra early for your class.

Calendar of Events



- | | |
|-----------------------------|---------------------------------------|
| February 2013 | 12 Board meeting |
| 6 Forum | 15 May newsletter mailing |
| 8 Board meeting | 15-18 <i>Old South/New South</i> trip |
| 8 March newsletter deadline | |
| 18 March newsletter mailing | |
| March 2013 | May 2013 |
| 6 Forum | 1 Forum |
| 8 Board Meeting | 10 Board Meeting |
| 8 April newsletter deadline | 10 June newsletter deadline |
| 18 April newsletter mailing | 16 Maryland Paddleboat Cruise |
| | 20 June newsletter mailing |
| April 2013 | |
| 3 Forum | |
| 5 May newsletter deadline | |



IMPORTANT: Report Address / E-Mail / Phone Number Changes

Laura Charron, Administrator

To be assured of receiving important notices concerning classes and trips, **please remember** to notify the LLI office as soon as possible of a new e-mail address as well as a change in mailing address and/or telephone number. Notify the office by phone at (703) 503-0600, or e-mail at llinova@juno.com.

LLI Board of Directors

President: Ed McKnight	Members: Ray Bednarsky 15 *,
Vice President: Charles Hulick	Louise Blakely 14, Phil Centini 15,
Secretary: Arlene Gribben	George Chalou 15, Arlene Gribben
Treasurer: Phil Runge	13, Pat Harrison 14, Bob Huley 13,
Past President: Paul Hopler	Merry Macke 13, Marianne
	Moerman 13, Peter Schwarzkopf
	13, Gina Trapp 13

* year term ends

Administrator: Laura Charron

Newsletter Staff

Newsletter Editor: Lynda Brittain 703-425-8240 brittains@cox.net

Assistant Editor: Bev Portman, 703-560-6740 firse@juno.com

Graphic Design/Desktop Publisher: Alfred Brothers

Mailing Coordinators: Bob and Merry Huley

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Members

Louise Blakely 703-451-2084
blakelylk@yahoo.com

Welcome, New Members! We hope you will participate in our classes and volunteer your time and talent.

New Members

Cyril J. Fedor, 13515 Tabscott Drive, Chantilly, VA 20157, (703) 378-7398, freshkielbasa@yahoo.com

Elsa Hobart, 8421 Forrester Blvd., Springfield, VA 22152, (703) 457-6473, havartic@yahoo.com

Terry Horinko, 6009 Wheaton Drive, Burke, VA 22015, (703) 250-9127, thorinko@cox.net

Vernon "Jiggs" Kaliher, 7450 Spring Village Drive, # 302, Springfield, VA 22152, (703) 451-3633, vkaliher@gmail.com

Veronica Konieczny, 8543 Innisfree Drive, Springfield, VA 22153, (703) 569-3244, ronnieandfrank@gmail.com

Ruth Nussbaum, 6110 Calico Pool Lane, Burke VA 22015, (703) 425-6366, ruthjanet12@aol.com

Chris Rupp, 7605 Marian Ct., Falls Church, VA 22042, (703) 876-3809, cbrupp@erols.com

Mark Russell, 3420 Knox Rd., Annandale, VA 22003, (703) 573-1124, mrussell54@cox.net

Janet Sperry, 5412 Chieftain Circle, Alexandria, VA 22312, (703) 642-2353, jls1234@hotmail.com

Karen Stutsman, 10204 Glen Chase Court, Fairfax, VA 22032-3271, (703) 425-1586, 4business2stutsman@cox.net

Geri Lynn Wise, 12509 Knowledge Lane, Bowie, MD 20715



Cancellations Due to Inclement Weather

If the Fairfax County Public Schools (FCPS) cancel school for the day due to inclement weather or other emergency, all LLI classes, Forums, and other activities, except trips, are cancelled regardless of class location. LLI morning classes are cancelled if the FCPS announces a 2-hour delay in class openings; LLI afternoon classes are cancelled if the FCPS announces early dismissal. Trips are cancelled at the discretion of the trip leader.

President's Message

LLI tries very hard to meet its stated mission of providing "...affordable and convenient opportunities for older adults to enjoy continuing education through the sharing of knowledge, talents and experience with their peers." We do this in a variety of ways — among them are our Forum, our classes, and our social events. But, thanks to a group of very dedicated volunteers, we also offer both day and overnight trips.

The LLI Trip Committee meets monthly on the first Monday to discuss present and future day and overnight trips. They glean ideas from themselves, other members, and from a previous Trip Committee survey. Once a possible trip is identified, the work begins. Two or three Committee members, serving as the planning team, begin researching potential trip dates, sites, tour guides, docents, restaurants, coach costs, and the like. Fortunately, over time the Committee has developed procedures and check lists that greatly assist the process. Many times the planning team has to actually make the trip to verify times and quality of what is being proposed. The process can take three to six months for a day trip and for overnight trips, up to a year.

Once the planning team has a rough estimate of the proposed trip's itinerary, times, and costs, they present their proposal to the Trip Committee as a whole for discussion, acceptance, and if required, Board approval. At that point, they proceed with final arrangements, composing flyers and write-ups to advertise in the catalog, the Forum and the newsletter. Finally, at the time of the trip, at least several members of the planning team accompany the trip, sharing various responsibilities to help ensure its smooth operation. Again, the use of check lists helps make sure that everyone receives a quality experience. Clearly, a lot of work goes into planning, setting up and conducting each of our LLI trips.

And who does this work? Of course, all are volunteers. Current members of the Trip Committee are Martie Klee, Anne Austin, Ferne Beyer, Linda LeDuc, Mary Jablonski, Kathryn O'Toole, Lynne Smaldone, and Mary Underwood. LLI Board member, Louise Blakely, serves as Board Liaison to the Trip Committee. We owe a great deal of thanks to these individuals for all they have done and continue to do to provide us with delightful travel experiences.

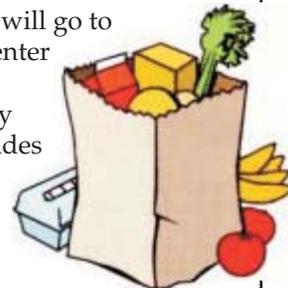
The Trip Committee is continuing to research bus companies, travel agents and interesting sites for possible future trips. So that LLI can continue to provide these outstanding experiences, the Trip Committee needs additional volunteers to assist with the many facets involved in the trip planning process. Even if you don't want to lead a trip, please feel free to join them for the fun of learning how it is all done.

Ed McKnight

Community Outreach

Betty Lee Thatcher 703-354-8154
Carol Weber, caroljeanweber@hotmail.com

Our food donations for February will go to the Arlington Food Assistance Center (AFAC), which serves about 1600 families each week, of whom forty percent are children. AFAC provides supplemental food assistance to Arlington County residents who are referred by a community agency, church or school. As always, any non-perishable food is appreciated, but the greatest needs are: **small bags of rice or dried beans, canned meats such as tuna, salmon or chicken; low sodium soups, canned tomato sauces, low-sugar cereals, oatmeal, flour, cooking oil, and pasta of any variety.** Marianne Moerman will deliver our collection.



To learn more about AFAC or to volunteer, please check-out their website — www.afac.org or call them at 703-845-8486. If you know of an organization that has a food pantry and you would like to have us collect food for that organization at one of our Forums, please contact Carol Weber. Thank you for your contributions. They are very much needed.

Your Food Donations Are Appreciated

From time to time, LLI receives acknowledgement letters from organizations that have received our Forum food donations. The following are from charities that received these collections in the past few months:

- On December 10, the Arlington Food Assistance Center (AFAC) thanked us for our generous gift of 105 pounds of food we collected during our October Forum. AFAC serves some 1,500 families a week and is the only organization in Arlington dedicated solely to providing supplemental groceries to individuals and families in need. They simply cannot fulfill their mission without food donations such as ours.
- On December 13, Food for Others recognized our donation of 192 pounds of food we collected at the November Forum. Food for Others supports some 2,000 families, plus feeding hundreds every week night in 16 low-income neighborhoods. Additionally, they supply bulk food to 25 smaller food pantries and shelters in the community. They are helping others because we gave them the means to do it.



Special Interest Groups



LLI Arts & Smarts

Doug Johnson 703-628-3115
llinovadoug@gmail.com

Arts and Smarts will take a “winter break” in February with NO events planned. Hopefully, something of interest will be available in March. In the meanwhile, continue to visit the area’s fantastic museums and art galleries on your own.



LLI Bridge Group

Bob or Merry Huley, 703-534-4819
or 703-489-9045 roberthuley@cox.net

Time: 10:00 a.m. — 2:00 p.m.

Location: Mason District

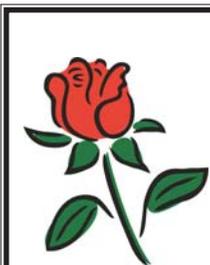
Governmental Center

February Play Dates: Wednesdays, February 13 and February 27

March Play Dates: Wednesdays, March 13 and March 27

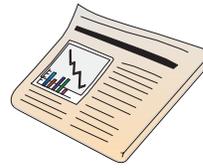
You do not need a partner because we rotate partners so you will play with everyone. We are always looking for new players, and all levels of players are welcome in this very friendly game. Please call or email me if you would like to attend (or for more information) so that we can provide sufficient card tables. Bring a bag lunch. We will also continue our mini-lessons after each game.

Recent Results —For our game on December 5, the top four players were: **Merry Huley, Jack Acey, Mary Underwood, and Nate Rosenbaum.** For our final match of the year on December 12, the top four were: **Elaine Cherry, Victoria Blackman, Jack Acey, and Carole Compton.** We also track the top players for the year, and this year our top four players were: **Jack Acey, Nate Rosenbaum, Bob Huley, and Mary Underwood. Raymond Burmester** placed 5th, **Nelva Berend** and **Carole Compton** tied for 6th, and there was a four-way tie for the next spot — **Victoria Blackman, Jessica Burmester, George Chalou, and Connie Fullerton.** Congratulations to all on a great year!



In Memoriam

LLI member **Louis Ferrand** passed away December 29, 2012, after a long illness. He is survived by his wife, LLI member, **Mary Ferrand.**



LLI Current Events Group

Marion Jacknow,
703-698-8702 mjacknow@aol.com

Date/Time: Friday, February 1, 10:00 — 11:30 a.m.

Location: Small Conference Room, Mason District Governmental Center

The Current Events Group will continue monthly for interesting and educational discussions. Topics reflect the current social, political and worldly events surrounding the time of the meeting. Please join us to share your ideas and/or learn more about current events — whatever is your pleasure. For more information, please contact Marian Jacknow.



LLI Favorite Books Club

Lynne Smaldone, 703-525-9623
smaldonega@hotmail.com

Date/Time: Thursday, February 21, 11:30 a.m. — 1:00 p.m.

Location: Braddock District Governmental Center (Supervisor’s Meeting Room, on the back side of the King’s Park Library)

In recognition of Black History month, our February selection is *The Narrative of the Life of Frederick Douglass, an American Slave, Written by Himself*, published in 1845. As the lengthy title suggests, Douglass wished not only to highlight the irony that a nation founded on freedom would allow slavery to exist in its midst; but also to establish that he, a slave with no formal education, was the sole author of the work.

Written in the years following his 1838 escape from his Maryland slaveholder, the narrative reveals numerous instances of Douglass’s courage on his journey from slave to free man. Come join us!

For further information, please contact Lynne Smaldone.



Financial Discussion Group

Doug Johnson, 703-628-3115
llinovadoug@gmail.com

Date/Time: Friday, March 8, 1:30 p.m.

Location: Braddock District Governmental Center (Supervisor’s Meeting Room, on the back side of the King’s Park Library). **The group will not meet in February.**

For more information, please contact Doug Johnson.



LLI French Conversation Group

Sally Reynolds, 703-352-7494
saldonreyn@aol.com

Date/Time: Tuesdays, February 5 and February 19, 10:00 a.m. — noon

Location: Goodwin House, Media Room, 3440 S. Jefferson St., Falls Church

Under the expert guidance of Al Brothers, we will continue to increase our French language skills and also our appreciation of French culture with the program "French in Action" leçons #15 and then #16. For more information, please contact Sally Reynolds.



LLI Gourmands

Mary Underwood, 703-329-8391
maryunderwood29@verizon.net

The February event will be at Present Restaurant, **Wednesday,**

February 20, at 11:30 a.m. Present is a Vietnamese restaurant located in Falls Church at 6678 Arlington Boulevard. The telephone number is 703-531-1881. If you are interested in attending, please contact Giovanna Prestigiaco at statisInd75@cox.net or 703-425-4465 by February 13.

The Gourmands will be wearing green when they celebrate an early St. Patrick's Day at noon, **Thursday, March 7,** at Ireland's Four Provinces, 105 W. Broad St., Falls Church, (703) 324-8999. A map for directions and the full menu are available at www.4psva.com. Ample parking is available on the top deck of a parking lot behind the restaurant; best access is from S. Maple Ave. Please contact Bev Portman, (703) 560-6740, or firse@juno.com, by Monday, March 4, if you plan to attend.



LLI Photography Group

Buck Myers, 703-532-3726
hbm@hbmphoto.com

Date/Time: Friday, February 15, 10:00 a.m. — 12:00 p.m.

Location: Braddock District Governmental Center (Supervisor's Meeting Room, on the back side of the King's Park Library)

Members have a wide range of photographic abilities and interests and share a common desire to hone existing skills or learn new ones. Meetings center on a specific topic, area of interest or theme decided by the group. Recent meetings have focused on editing and organizing techniques for digital pictures and our February meeting will continue with similar subject matter and additional

issues decided by the group. Come join the group if you have an interest in photography. New members are always welcome. Meetings are held on the third Friday of every month from 10 a.m. — 12 p.m.

For further information, please contact Buck Myers.



LLI Walkabouts

Merry Macke, 703-451-3248, cell
phone: 978-505-9506
merry.macke@verizon.net

Date/Time: First and third Fridays at noon — ***If the temperature is below freezing or the roads are icy, the walk will be cancelled.***

January 25: Mercer Lake. From Rolling Road, take the Fairfax County Parkway (state Rt. 286) going west to the Pohick exit. Do not turn left on Pohick but continue straight to Hooes Rd. and turn left there. Pass the first light at the intersection of Valleyfield Drive/Newington Forest Avenue, and look to the right for a small parking lot as you go down the hill. We will meet there. This will be a different route than the January 11 walk; both sides of the lake are appealing.

February 8: Mason District Park. Take Columbia Pike going east from Little River Turnpike. The park is on the right before Sleepy Hollow Rd. Turn right into the park, then turn right again and follow the road to the parking lot by the tennis courts. We'll walk from there.

February 22: Pohick Stream Valley Park. If you are coming from the east on the Springfield / Franconia Parkway, pass Rolling Road and at the next light at Whistler's Creek Ct./Walters Creek Drive, turn left and then take a right onto Hooes Rd. and look for a small parking area to the left. If you are traveling from the west on the Springfield/Franconia Parkway, pass Gambrill, and turn right onto Walters Creek Drive, right on Hooes, and look for the small parking area. Wear sturdy shoes because the walk is asphalt, dirt and gravel with good hill climbing and pedastal crossings of the creek. This walk is challenging.

In March, the dates will be different. We will walk on the third and fifth Fridays, **March 15** and **March 29**, and we may be exploring Lake Anne in Reston.

For more information, please contact Merry Macke.

Please remember to wear your name badges. It is the best way for new members to get to know others and a way for established members to meet, greet, and welcome new members.

Deadline for the March newsletter is Friday, February 8, 2013.

Wanted — Participants in NOVA Intergenerational Fitness Class

Sue Thompson, a professor in the NOVA physical education department, wants to invite the LLI to participate in the Intergenerational Fitness class this spring. This class is a unique opportunity to work with the students in the Fitness and Physical Therapy Assistant Programs at NVCC. You will be paired with a student and given an exercise program that suits your needs and interests...from strength training, flexibility, cardio, balance and even sport specific training. All fitness levels are welcome. Classes meet Tuesdays and Thursdays from 10:00-11:30 AM and run from February 14 through April 25. You may register for class PED 220 as a senior. **There is no fee.** For more information, please email Dr. Susan Thompson at spthompson@nvcc.edu or call 703-323-3235.

Course Catalog Corrections

13W24A: Making an American — Class dates have changed to Tuesdays, April 2, 9, and 16. The location remains unchanged.

13W45P: Baseball "Hot Stove League" — Greenspring room change for class dates January 22 and 29. The class will now meet in the Theater, which is across from the original meeting room. February 13 class remains unchanged.

Ongoing Call for Nominations for the Board of Directors

The Nominating Committee continues to seek candidates (officers and other directors) to serve on the Board of Directors beginning in July 2013. All LLI members in good standing are eligible. Elections will be held at the June 5, 2013, Annual Meeting. Please consider supporting LLI by joining the Board so that we can continue to provide stimulating intellectual offerings and opportunities for social interaction for our members.

If you are interested in becoming a candidate or would like more information, please contact a nominating committee member: Patricia Harrison (chair), George Chalou, Lorin Goodrich, Mary Underwood, or Phil (Philippa) Centini. The deadline for notifying the committee is February 15, 2013.

Study Travel — 2013 & 2014

First things first — the Danube river cruise this June still has cabins available. If you are considering going with us, your time is rapidly running out.

Second — while it is early to be thinking of travel in 2014, experience has taught us that it is necessary to start our planning now; therefore, we will have our first planning meeting following the forum on February 6. Anyone interested in travel should plan to attend as this is the meeting where you have the opportunity to express your travel ideas.

Last — in recent years, the Study/Travel committee has consisted of Doug Johnson, Bob Huley, and Terry Brittain and we could use some reinforcements. If you are interested, please contact one of the above.

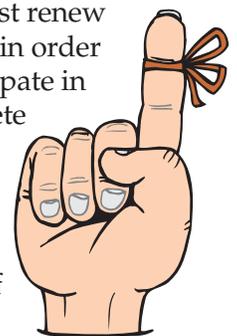
Did You Know?

As a member of LLI you have a wonderful Northern Virginia Community College library at your disposal. The library is located on the third floor of the Godwin Building just up the ramp from the Richard J. Ernest Community and Cultural Center. To use the library you simply sign up for a Community Patron card by showing a picture ID. You then can charge out a limit of three books for three weeks and take them home. Also you can renew books online for an additional period. If you have LLI classes on the campus, this resource would be very convenient. Go to <http://www.nvcc.edu/library> for more information.

Membership Renewal Reminder

The mailing label on each newsletter includes your membership renewal date. You must renew and be a member in good standing in order to register for courses and to participate in LLI's many other activities. Complete the membership form (last page in the current course catalog), check "renewal," indicate any new information, and mail it to the LLI office with a check in the amount of \$110 for each person wishing to continue membership with LLI.

Please print clearly to help ensure that your information is entered correctly. **It is important to include the form with your check, for ease in crediting your membership renewal in our database.**



From the LLI Scrapbook

At the January Forum...



LLI Vice-president Chuck Hulick thanks Michael Kelly for another informative presentation.



Ranger Michael Kelly.



Skinny Pants Lament

My mother would turn over in her grave.

She would not even let my sister wear plain old blue jeans.

But today's pants cling like skin.

On skinny girls

They detail all the imperfections of being skinny.

On chubby girls

Every crease and bulge is illuminated to perfection.

How can the self-conscious like the emperor and his new clothes

Be hoodwinked into wearing them?

But they also wear things called skirts

Which look like bathing suits and leave very little to the imagination.

It leaves one longing for the days of Elizabeth Taylor and Grace Kelly

When women wore dresses with flowing skirts

And fitted waists

And imagination could be boundless.

by Shirley Lytle, LLI member

Established 1996



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Time Sensitive Material
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Is it time to send your dues?

